

RES
CUE

RITTENHOUSE SPA
PHILADELPHIA

255 SOUTH 17TH STREET, SECOND FLOOR, PHILADELPHIA, PA 19103
Phone (215) 772 2766 Fax (215) 772 2767
info@rescuerrittenhousespa.com www.rescuerrittenhousespa.com
Shop: www.rescuespaskincarestore.com Blog: www.beautyaficionado.com

ABOUT RESCUE

Where can you find the best skin care on the East Coast?

If you thought New York City, think again.

Rescue Rittenhouse Spa, Philadelphia's top luxury day spa, offers an extraordinary and unparalleled program of skin care, using natural and botanical products alongside the latest in modern technology. Under the expert guidance of owner Danuta Mieloch - an esthetician with over 20 years experience practicing her craft in exclusive spas from New York to Paris - the staff at Rescue is highly skilled in restoring and rejuvenating skin so that it is glowing with youth and vitality.

What makes Rescue different from other spas?

A highly personalized, integrative and comprehensive approach to skin care.

Rescue blends the types of services typically found at a dermatologist with the pampering of a world-class spa. A Rescue facial with one of our specially trained estheticians includes a thorough diagnosis of your skin, an analysis of your lifestyle and its effects on your skin, plus an entirely customized plan for a complete at home skin care regimen.

"I truly believe that for the first half of your life, you get the skin you were born with, but for the second half of your life, you get the skin you deserve," says Danuta. "I created Rescue to show you how to get the beautiful skin you deserve."

It is Danuta's more than 20 years of experience in skin care that further sets Rescue apart from other spas. At an early age, Danuta developed a love of skin care products and practices and over the years this passion has deepened into a finely tuned ability to simply look at a client's skin and discern what needs to be done to revitalize it. She is constantly seeking out the latest techniques from the modern world - like electric current, while incorporating ancient remedies, herbs, and essences of the old world - such as the healing power of brewer's yeast - into her treatments. Danuta passes on to her team her passion and skills through rigorous continuing education programs, hands on training, and by being a living example of her philosophy.

Transformative facials are not Rescue's only service. We also offer an extensive array of body treatments, massages, manicures and pedicures, plus specialized skin therapies such as micro-current facials, microdermabrasion, TCA Peels, IPL Fotofacial, LED, Refirme, and eMatrix. The 4,000-square-foot spa features 6 treatment rooms, a nail lounge, steam rooms, and a rejuvenating tea bar. Plush dove gray sofas, elegant chandeliers, and honeyed wood floors create a tranquil environment that offers a welcome escape from the rush of everyday life.

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FACT SHEET: RESCUE RITTENHOUSE SPA

LOCATION: 255 South 17th Street, Second Floor, Philadelphia, Pennsylvania 19103

Phone: 215.772.2766 Fax: 215.772.2767

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Blog: www.beautyaficionado.com

Email: info@rescuerittenhousespa.com

Shop: www.rescuespaskincarestore.com

Owner: Danuta Mieloch

AREA: Ideally located in the heart of Center City Philadelphia, Rescue is close to renowned restaurants, hotels, and some of the city's finest shops.

SERVICE RANGE

Skin Care

Classic Rescue Facial
Bio-Lift Facial
Microdermabrasion Facial
High Performance Facial
Oxygenating Facial
EnergyLift Facial
Manual Lift Facial
Zoom Groom Facial
Teen Facial
Back Facial

Massage Therapies

Classic Swedish Massage
Classic Deep Tissue Massage
Harmony Essence Massage
Two By Two Massage
Pre-Natal Massage
Hot Stone Massage

Body Treatments

VelaShape II
Manual Lift Body Treatment
Slimming & Detoxifying Wrap
Hydrating Wrap
Salt or Sugar Buff
Buff & Bronze

Laser / HI-TECH

eMatrix
LED
Refirme
IPL Foto Facial

Hair Removal

Waxing
Laser Hair Removal
Threading
Designer Eyebrow Shaping

BEAUTY BOUTIQUE: **Skin Care** - Biologique Recherche / Valmont / Sothy's / MD Skincare / Jan Marini / Institut Esthederm / CellCosmet / Carita / Clarisonic / PFB **Bath & Home** - LaLicious / Get Fresh / Antica Farmacista / Thermes Marins de Saint / Zoya / Lippmann Collection
Cosmetics - Blinc / Lipstick Queen / Chantecaille Beaute / Serge Normant / Revitalash / RapidLash
Fragrance - Keiko Mecheri / Kai

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ABOUT DANUTA MIELOCH

Danuta Mieloch is an accomplished esthetician and a trained nurse with a remarkable passion for skin care. Her love of her profession is at its most obvious when you're swaddled in soft blankets, inhaling soothing botanical aromas, and receiving one of her exceptional facials while she dispenses expert advice on how to get the best out of your skin.

In her native Poland, where the importance of caring for one's skin is practically inherited, estheticians like Danuta attend nursing school and are educated alongside dermatologists. Danuta's strengths as an esthetician are not simply clinical. She has an intuitive ability to read her client's complexion and decide what factors are affecting the condition of the skin. This sensitivity, combined with her considerable skill and expertise, create impressive results that have won her a devoted following.

In addition to her nursing training, Danuta traveled to Paris to study with the innovator Dr. Yvan Allouche, creator of the revolutionary Biologique Recherche product line, whose philosophy on skin care helped her inspire her own. In 1994, she moved to New York City, where she further enhanced her education and received accreditation from Atelier Esthetique and the Dermal Institute of New York.

In 2004 Danuta opened Rescue Rittenhouse Spa in the elegant Rittenhouse Square district of Philadelphia. Treatments at Rescue are based on Danuta's results-oriented approach to skin care, culled from over a decade of experience perfecting her esthetic techniques at New York's most exclusive and world-renowned spas.

Danuta's facials - and all services at Rescue - are highly personalized, comprehensive, and completely customized to the client's needs, incorporating Danuta's streamlined philosophy of "results, restoration, and prevention." She is fascinated by the potential for non-surgical transformation and enhancement of the face and has developed several breakthrough treatments, including her signature "Bio-Lift Facial," which incorporates non-invasive electrical currents and custom-blended serums. Already a leader in the field, Danuta continues to educate herself, constantly searching out the latest technology for perfecting skin, and traveling the world to refine her skills and discover new products for her clients.

Using both botanical products and cutting-edge treatments, Danuta bridges the gap between European tradition and modern technology, selecting the best of these worlds to rescue your skin.

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SIGNATURE RESCUE TREATMENTS

At Rescue, we believe that beautiful skin is a matter of choice, not chance. All of our committed Rescue skin care experts are trained to customize a treatment to enhance, protect, and renew your most noticeable asset - your skin. Drawing on classic European techniques and modern technology, Rescue offers each client a completely personalized experience, designed to fit individual needs. This is not a one-size-fits-all approach; rather an experience that combines the latest products and technology with an old world intuition. The skin reflects all that is going on in the body, mind, and spirit. Our facials are geared to observe and address the cause of what is occurring in the skin, while creating a relaxing experience, and escape from the stresses of your everyday lives. Our signature treatments listed below only begin to explain the benefits of a Rescue facial. Come experience one for yourself!

Classic Rescue Facial

The road to healthy and glowing skin begins here. Our completely personalized Classic Rescue facial is the perfect place to start your commitment to caring for your skin. Rescue skin care experts customize a treatment that is designed exclusively for you. After analyzing your skin type and condition, we'll cleanse and purify with our gentle extraction process, balance and tone with a blend of our exceptional skin care products, and renew and revitalize with our revolutionary "manual lift" facial massage technique. We promise your skin will love you for it!

Bio-Lift Facial

Our signature anti-aging treatment offers results so dramatic, your friends may suspect you've had a facelift! This unique combination of custom-blended serums, botanicals, and technology of non-invasive electrical current is effective in reducing the appearance of wrinkles, puffiness, droopy eyelids, and sun damage, by restoring vitality, a youthful luster, and contour to the skin. Have "a little work done" with none of the "work!"

Microdermabrasion Facial

Clarify your complexion and restore your skin's radiance with the exfoliating power of micro-crystal technology. These whirling wonders smooth and polish the skin to perfection while a restorative masque stimulates cell renewal and regeneration to create an exceptionally smooth, luminous surface.

High Performance Facial

This is the ultimate Rescue facial, combining all of our exceptional treatments into one ninety-minute session that will instantly rejuvenate dull, tired skin. Microdermabrasion, a topical peel, and electric current together with our custom-blended serums and stimulating massage technique, revitalizes your complexion, to leave it looking younger, firmer and radiant.

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Danuta Mieloch's

10 THINGS TO DO **NOW** TO LOOK YOUR BEST IN 10 YEARS

"It takes 10 years to make wrinkles visible, but only 3 weeks for RESCUE to make the appear smoother." - Danuta Mieloch

1. **Drink plenty of water** - At least two liters, 64 ounces, a day! Thoroughly hydrated skin contains fewer toxins and maintains its elasticity.
2. **Use your sun sense** - In daytime, always wear broad spectrum UVA-UVB sunscreen, wide rim glasses, and clothing with high necklines. Save the cleavage for evenings!
3. **Stretch with strength** - Think Pilates or Yoga 3 to 4 times a week to improve your body's overall silhouette.
4. **Cut caffeine** - (coffee, black tea, and soda) which can lead to uneven skin tone, breakouts, and broken capillaries.
5. **Avoid yo-yo dieting**, which worsens cellulite and stretch marks. To lose weight, devise a sensible plan under a doctor's supervision.
6. **Sleep on your back**, ideally with a pillow under your knees to avoid back strain. Stomach and side sleeping presses lines into the face, neck, and chest.
7. **Once a week before bed**, coat hands and feet with an ultra-heavy moisturizer and then cover with cotton gloves and socks.
8. **Many women go from a bar of soap to face lifts - but there is much in between!** Make a habit of gently exfoliating and hydrating your entire body every day.
9. **Beautiful skin is a matter of choice, not chance!** Choose an appropriate home care regimen for your skin type. Stay on schedule with your monthly customized facial at RESCUE.
10. **Spend at least a few minutes in front of the mirror everyday complimenting yourself!** As with everything, the more comfortable you feel, the better you will look. Don't forget to smile often!

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WHAT THEY SAY.

“One floor above the din of bustling 17th street is Philadelphia’s most tranquil and toniest day spa. Rescue Rittenhouse Spa has a devoted following among Philadelphia’s most discerning spa-goers. Patrons swear by the magical “bio-lift” facials, ethereal massages, impeccable mani-pedis, and flawless makeup application. You’ll crawl into one of the robes, sip a glass of cucumber-mint water, curl upon a cushy gray sofa, and never want to leave...”

- Frommer’s Travel Guide

“A massage so totally relaxing, it feels as if you’ve just awoken from a deep, eight-hour slumber.”

- Allure

“If calm is a state of mind, then Rescue Rittenhouse Spa is the place to achieve it.”

- Philadelphia Magazine

“Best Facial in Philadelphia: Danuta Mieloch” - Philadelphia Magazine (2010)

“Best of Beauty, City Guide” - Lucky Magazine (2010)

“Best Day Spa in Philadelphia” - Philadelphia Magazine (2009)

“Beauty Blackbook” - In Style Magazine (2007)

“Best of Beauty in Philadelphia: Facial & Nails” - Allure Magazine (2007)

“Best Day Spa in Philadelphia” - Philadelphia Magazine (2007)

“Best Manicure & Pedicure in Philadelphia” - Philadelphia Magazine (2007)

“Best Massage in Philadelphia” - Philadelphia Style (2007)

“Best Make-Up Artist in Philadelphia: Nives Riddles” - Philadelphia Magazine (2006)

“Best Hard Massage in Philadelphia” - Philadelphia Magazine (2006)

“Best Urban Spa in Philadelphia” - Philadelphia Magazine (2005)

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