



RESCUE RITTENHOUSE SPA

Beautiful skin is a matter of choice, not chance! Allow one of our expert estheticians to customize a treatment that will enhance, protect and renew, bringing out the best in your most noticeable asset—your skin.

Classic Rescue Facial \$100

The road to healthy and glowing skin begins here. Our completely personalized Classic facial is the perfect place to start your commitment to caring for your skin. Rescue estheticians customize a treatment that is designed exclusively for you. After analyzing your skin type and condition, we'll cleanse and purify with our gentle extraction process, balance and tone with a blend of our exceptional skin care products, and renew and revitalize with our revolutionary "manual lift" facial massage technique. We promise your skin will love you for it!

Bio-Lift Facial \$150

Our signature anti-aging treatment offers results so dramatic, your friends may suspect you've had a facelift! This combination of custom-blended serums and botanicals with the advanced technology of non-invasive electrical current is extremely effective in reducing the appearance of wrinkles, puffiness, droopy eyelids and sun damage, and restoring vitality and a youthful luster and contour to the skin. Have a "little work done" with none of the "work!"

Microdermabrasion Facial \$150

Clarify your complexion and restore your skin's radiance with the exfoliating power of micro-crystal technology. These whirling wonders smooth and polish the skin to perfection while a restorative masque stimulates cell renewal and regeneration to create an exceptionally smooth, luminous surface.

High Performance Facial \$200

This is the ultimate Rescue facial, combining all of our exceptional treatments into one ninety-minute session that will instantly rejuvenate dull, tired skin. Microdermabrasion, a topical peel, and cutting-edge non-invasive current together with our custom-blended products and stimulating massage technique, revitalizes your complexion, leaving it looking younger, firmer and radiant.

Oxygenating Facial \$150

Rejuvenate dull, dehydrated skin with this rejuvenating and balancing facial featuring a perfect combination of micro-exfoliation, oxygenation, and a light Alpha Beta Peel followed by intense hydration with a cool blast of hyperbaric oxygen. The epidermis is oxygenated and hydrated using intensive, highly active biological serums to refresh and revive the natural glow of your skin. Genuine luster will be yours.

EnergyLift Facial \$250

Instantly brightens dull and stressed skin leaving you looking radiant. This facial incorporates dual modalities: radio frequency and electric current. In our hands, these two technologies combine for unprecedented skin results: visible long lasting firmness, tightening, and lifting. Exclusive to Rescue Rittenhouse Spa.

Manual Lift Facial \$150

A reconstructive treatment formulated to manually lift and regenerate skin's texture using Biologique Recherche lymphatic drainage techniques. This highly effective treatment is customized for specific skin types. Smooths skin's surface, softens fine lines and unifies the complexion for a more even skin tone. Leaves skin hydrated and glowing, revealing an instantly visible lifting and toning effect.

Zoom Groom Facial \$75

Have time for only a brief visit? Our 30-minute treatment offers a burst of benefits from our Classic facial—in half the time.

Teen Facial \$70

We've tailored this treatment to the special needs of adolescent skin, combining deep cleansing, our gentle extraction process and soothing massage to restore balance and beauty to young skin.



RESCUE RITTENHOUSE SPA

Back Facial \$90

Ensure that your "back cleavage" is as gorgeous as your front with a session devoted exclusively to your flip side. Banish unsightly blemishes and redness from your neck, shoulders and back.

RESCUE REFINEMENTS FOR SKIN

Enhance your facial with any of our targeted treatments.

Microdermabrasion Treatment \$75

Harness the polishing power of micro-crystals to smooth and refine your complexion.

MDskincare Alpha Beta® Peel \$75

Gentle but potent Alpha and Beta Hydroxy acids in this topical solution help diminish fine lines, bring skin into balance and improve texture and tone.

Environ TCA Peel \$100

A mild, safe treatment that repairs damaged cells and stimulates collagen production for lush, radiant skin.

RESCUE YOUR BODY

Take care of your face, but don't neglect the rest of you! Our body treatments soothe, relax and revitalize you from head to toe.

VelaShape II *Price available upon consultation

Treat yourself to a smoother, sexier figure! VelaShape contours shapes and slims the body by improving cellulite and reducing circumference in as few as four treatment sessions. VelaShape is cleared by the FDA and provides dramatic results without downtime or significant discomfort. Schedule a consultation today!



RESCUE RITTENHOUSE SPA

Manual Lift Body Treatment \$150

A new full body experience! This treatment will exfoliate, refine, revitalize, tone, and firm the entire body using lactic acid, amino acids, algae powder, and silk extract. You are sure to leave feeling firmer, smoother and more relaxed.

Body Wraps

-all wraps include a salt buff and are customized to your needs-

Slimming & Detoxifying Wrap \$100

Natural sea mud packed with minerals and anti-oxidants purifies skin and boosts circulation. A natural trouble-spot-targeting remedy for soft, toned skin.

Hydrating Wrap \$100

A moisturizing and rejuvenating treatment for the entire body. We use only deluxe, luxurious, custom-blended anti-aging creams and serums. Skin is left soft and smooth.

Salt or Sugar Buff \$65

Take sweet (or salty) revenge on stress with our soothing, smoothing body buff. Choose from pure sugar or salt crystals and allow our estheticians to exfoliate and hydrate you, hitting all of those hard-to-reach spots, for a head-to-toe glow.

Buff & Bronze* \$90

For sun-kissed skin without the sunburn, our salt or sugar buff paired with hand-applied bronzer is the way to go.

Just Bronze* \$75

To get the most even glow, be sure to exfoliate beforehand.

**Please wear loose, dark clothing for all bronzing treatments*



RESCUE RITTENHOUSE SPA

RESCUE YOUR SOUL

Relax your body while refreshing your mind and spirit.

Classic Swedish Massage 60 min \$100 / 90 min \$135

A timeless style of massage that uses long flowing strokes to encourage relaxation, lymphatic drainage and detoxification.

Classic Deep Tissue Massage 60 min \$125 / 90 min \$160

Focused and intensive, this massage is true to its name, going deep into the layers of soft tissue to provide relief to sore, tired and tense muscles.

Harmony Essence Massage 60 min \$110 / 90 min \$135

The antidote to stress, this all-encompassing treatment includes a welcoming foot rub, softening salt scrub and a therapeutic massage with plant essences that harmonizes your senses and returns a healthy balance to your body.

Hot Stone Massage 60 min \$120 / 90 min \$160

A relaxing treatment designed to ease and relieve tension in your mind and body. Allow the warmth of these therapeutic stones restore your body back to balance.

Hot Spot Massage 30 min \$65

Stiff neck, sore shoulders or lower back pain? We'll devote an entire 30-minute treatment to the specific area that is causing discomfort.

Pre-Natal Massage 60 min \$100

A gentle, soothing style specifically designed for the particular needs of expectant mothers.



RESCUE RITTENHOUSE SPA

Chair Massage 15 min \$25

Recharge in just 15 minutes with this concentrated session that employs a variety of techniques to alleviate tension in the head, neck and shoulder areas.

Two-by-Two Massage

Share the Rescue massage experience with a friend or loved one. All of our treatments can be performed simultaneously in the same room. Prices per person as listed above.

RESCUE FOR HANDS AND FEET

We are dedicated to providing you with the most natural and sanitary nail care available. All of our implements are sterilized using hospital-grade procedures to ensure your health and safety.

Classic 30min Manicure \$25 and Pedicure \$40

Everything you need to put your best foot--or hand--forward. This classic nail treatment will shape, buff, and gloss your nails to perfection.

Ultimate Rescue Manicure \$45 and Pedicure \$60

Our signature nail experience is luxurious from start to finish. A soak, followed by an exfoliating scrub, a relaxing and moisturizing massage and a fresh coat of polish leaves your fingers and toes in top condition.

Revitalizing Hand \$40 and Foot Treatments \$55

Like a facial for your fingers and toes! This targeted anti-aging treatment, complete with a hydrating masque and soothing massage, invigorates tired hands and weary feet. Includes a soak, scrub, buff, trim, and polish.



RESCUE RITTENHOUSE SPA

RESCUE REFINEMENTS FOR HANDS & FEET

Enhance your service with any of our targeted treatments.

Masque \$40

Enhance your hands and feet with our hydrating and refining masque. Perfect to keep you soft, moisturized and smooth all year round.

Renewal Peel \$40

Turn back the hands (and feet) of time with our customized renewal peel.

French Polish

Change of Polish

Nail Design

RESCUE FOR MEN

A selection of treatments customized to the specific needs of gentlemen.

"Man"icure \$35

A firm handshake begins with well-maintained hands. We'll cleanse and massage, then trim and buff nails back into tiptop shape.

Men's Foot Remedy \$50

A step in the right direction for sore and tired feet, this treatment comes complete with a relaxing soak, moisturizing massage and nail trimming.

Men's Facial \$100

Men's skin needs attention, too! This masculine version of the classic Rescue facial focuses on deep and thorough cleansing with special attention paid to ingrown hairs.



RESCUE RITTENHOUSE SPA

Sports Massage \$115

Our therapists will soothe aching muscles with this intensive deep tissue treatment.

Grooming

Remove, shape or simply tidy up body hair with our specialized waxing and hair removal services.

HAIR REMOVAL AND WAXING

*Let Rescue's expert estheticians rid you of unwanted hair in unwanted places with our waxing and light based hair removal services. Our botanically based wax is specially formulated to minimize inflammation and redness. If you'd like to request waxing not listed here, please speak with our spa concierge. **

FACE

Eyebrow \$25

Lip \$15

Chin \$15

BODY

Basic Bikini \$30

Neat and tidy.

Brazilian \$50

Slim and trim.

Lotus \$60

Totally bold and entirely bare.



RESCUE RITTENHOUSE SPA

Full Leg & Bikini \$100

Full Leg & Brazilian \$110

Full Leg \$85

Upper Leg \$45

Lower Leg \$40

Arm \$30

Underarm \$20

Back \$60

Stomach \$15

**Please let us know if you are using Retin-A, glycolic acid, Accutane products or anything else that may affect the balance of your skin.*

MAKE-UP RESCUE

The unsurpassed skills of Rescue's award-winning make-up artist, Nives Riddles will bring out the best of your beauty. Please visit her website at www.nivesriddles.com to learn more about her work.

Make-Up Application starting at \$100

For a special occasion or just for you, a professional make-up application can subtly enhance your natural beauty or create a striking new look.

Make-Up Lesson \$200

Learn from the best. We'll teach you the basics of building a flawless complexion, creating soft daytime looks and luxe evening glamour. Here's your chance to master the smoky, smoldering eye, perfectly plump lips and luminous, glowing skin.



RESCUE RITTENHOUSE SPA

Perfect Skin \$50

Foundation is everything! Our makeup artist will cover all of the bases while finding the perfect match for your skin type. You will be stepping out with a flawless complexion.

FOR YOUR EYES ONLY

Wink, wink. We won't tell!

Designer Eyebrow Shaping \$40

Eyebrows are your most important feature, providing a frame for your face. We'll accent your natural size and shape with careful trimming and tweezing to create balance, symmetry and harmony.

Eyelash & Eyebrow Tint \$30 /\$25

Allow us to customize a color using our all-natural, botanical dyes to blend seamlessly with your natural hue.

Lashes \$30

Perfect for that special night out! Our makeup artist professionally applies lashes to keep you batting all night long.



RESCUE RITTENHOUSE SPA

RESCUE FOR THE BRIDE

Prepare for the big day with Rescue! Join us at the spa or we can bring our Rescue services to you. Contact our spa concierge to schedule a customized bridal facial series to create a glowing complexion, a massage to soothe pre-wedding jitters or a personalized make-up consultation and trial to get the perfect look for your photos.

All bridal makeup applications are provided by our amazing Rescue Makeup Artist, Nives Riddles. She is available on-site or at the spa. To view her extraordinary work, please visit her website at www.nivesriddles.com.

We are pleased to announce that our senior esthetician, Linda Harding, is now offering facials exclusively designed for the bride to be called Bridal Facial Series. Named Best Facialist 2005 in Philadelphia Style Magazine, Linda brings 9 years of experience working with brides and keeping their skin fresh and glowing for that special day. Please contact Rescue to schedule a complimentary consultation. To learn more about Linda Harding, please visit her website at www.lindatheskindiva.com

Bridal Makeup Trial \$150

Meet with our skilled make-up artist to discuss how you'd like to appear on your wedding day.

Make-Up Application for the Bride *Customized

Whether you're going for an all-natural or highly stylized look, we can create the perfect you with our customized make-up session.

Make-Up Application for the Bridal Party *Customized

Our make-up artist can create an entire look for your wedding party.



RESCUE RITTENHOUSE SPA

RESCUE SPA DAY SELECTIONS

Weekend Escape \$250

Take a mini-vacation with a full day of luxury at Rescue. The indulgent Escape includes a Classic Rescue Facial, Harmony Essence Massage, and a Classic Manicure and Pedicure.

Perfect Night Out \$200

Need a pick-me-up before a big event? Try the Bio-Lift Facial combined with the Ultimate Rescue Hand and Foot Treatment. You'll leave refreshed, uplifted and glowing!

Total Bliss \$175

Celebrate with a Zoom Groom Facial, Hot Spot Massage, and our Classic Manicure and Pedicure.

Spoil Me \$180

It's all about you, after all. So pamper yourself with a Classic Rescue Facial and a Harmony Essence Massage.

Rescue Relaxation \$160

Let stress slip away with a Classic Swedish massage and our Revitalizing Manicure and Pedicure.

Wedding Rescue *Customized

We'll coordinate with your schedule, events and shower to help everything go smoothly on your special day. Speak with a spa concierge to customize this package to your needs.



RESCUE RITTENHOUSE SPA

LIGHT-BASED HAIR REMOVAL

Finally effective hair removal for all skin types! This innovative device uses and intense pulsed light for a fast, gentle and more comfortable treatment. This is the first technology to effectively remove hair of all colors including white and grey.

Hair Removal	Per Treatment	Package
Upper Lip	\$100	\$500
Lip and Chin	\$200	\$1000
Bikini	\$250	\$1200
Brazilian Bikini	\$300	\$1500
Underarm	\$200	\$1000
Lower Leg	\$500	\$2500
Full Leg	Consultation	
Man's Back	Consultation	



RESCUE RITTENHOUSE SPA

STATE OF THE ART BEAUTY TECHNOLOGY

At Rescue we are constantly finding new ways to help you stay beautiful, and this includes using the most advanced, safe, and effective technologies to maintain healthy, clear, glowing skin. Here are our latest discoveries.

LED \$150

Skin powered by positive light, a noninvasive light energy to deliver an energizing, stress relieving and skin rejuvenating experience. It addresses wrinkles, redness, and bad skincare habits.

eMatrix \$500 / Series of 3 \$1250

Forget the facelift -- get eMatrix! This treatment offers a unique combination of ablation and skin resurfacing leading to wrinkle reduction, skin tightening and lifting. After one treatment you can see improvements in Wrinkles, Skin laxity, Scars, Acne Scars, Textural irregularities, Tone, and Superficial skin lesions. It is the most advanced technology with minimal downtime, and safe for all skin color and types.

Refirme \$400 / Series of 3 \$1050

The Refirme skin tightening procedure, via wrinkle reduction, features revolutionary technology that enables you to comfortably achieve a more youthful, tightened and lifted appearance. Refirme treatment is quick, safe and has no downtime. Refirme is a complete anti-ageing solution for targeting those telltale signs of aging, including, jowl and neck laxity, sagginess under the eyes, saggy brow lines, and nasolabial folds.

IPL Foto Facial \$300 / Series of 3 \$825

Are skin imperfections giving away your age? With skin rejuvenation treatment, you can say goodbye to Rosacea (redness), spider veins, age spots, uneven skin tone and sun damaged skin. Reduces sebaceous gland activity and destroys active acne. Powered by the evolutionary elos technology, the combination of energies of light and bi-polar radio frequency, offers a complete solution to the challenges of skin treatment with reduced overall required energy output enabling safe, effective treatment.



RESCUE RITTENHOUSE SPA

ET CETERA

Not sure what service or treatment you need? New to the spa experience? Please call and allow our spa concierges to assist you.

Arrival

We recommend you arrive 15 minutes prior to your scheduled appointment to allow yourself time to change and get comfortable. Slip on a robe, have a steam or enjoy complimentary refreshments in our spa lounge.

Scheduling & Missed Appointments

Rescue Rittenhouse Spa has a 24-hour cancellation policy and requires a credit card number to reserve two or more treatments and all spa packages. If you do not call to cancel your reservation within 24 hours or do not show for your scheduled treatments, Rescue reserves the right to charge your credit card for the scheduled treatments.

Payment

Rescue accepts Cash, Rescue Gift Certificates, American Express, Visa and MasterCard.

Prices

The cost of services with Danuta Mieloch is not included in this brochure. Please ask our spa concierge for Danuta's prices.

Cellular Phones

In order to preserve our tranquil, relaxing atmosphere for you and our other guests, we kindly ask that you turn off your cell phones while at Rescue.



RESCUE RITTENHOUSE SPA

Changing Rooms & Amenities

Rescue has separate men's and women's changing rooms, each equipped with lockers, roomy showers, steam rooms, plush robes, slippers and grooming essentials.

Rescue at Home/Products/Gifts

Following the skin care recommendations of your Rescue specialist at home will prolong the benefits of your spa treatments. Find the latest in skin care products—many exclusive to Rescue in Philadelphia—jewelry, and eclectic gifts in our beauty boutique. We arrange gifts for all occasions and will deliver.

Rescue Series Programs

To stay on schedule with your commitment to skin care, we offer significant savings when booking a series of treatments.

Rescue Gift Certificates

Give the gift of relaxation, revitalization and renewal to a friend with a Rescue Gift Certificate, available in any denomination.

Precautions

Some of our services are not recommended for persons who are pregnant, have allergies or specific medical conditions, or are taking certain medications. Please check with your physician to determine what is right for you.



RESCUE RITTENHOUSE SPA

WHAT'S NEW?

eMatrix

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VelaShape II

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